The Simplest Way to Calm Your Dog's Inner Escape Artist

Dogs that frequently escape aren't trying to leave you, they often just have excess energy and need more mental and physical stimulation. The best way to curb their escape attempts is simple: **exercise and play with them AND keep them under your supervision.**

Regular walks help fulfill their need for activity, prevent boredom, and strengthen your bond. Games like tug-of-war, fetch, treat games, or trick training can help engage their minds and exercise their natural drive. Without proper outlets, dogs may resort to digging, chewing, barking, or running away.

Have your male dog neutered. Studies show that neutering will decrease sexual roaming in about 90 percent of the cases. If, however, an intact male has established a pattern of escaping, he may continue to do so even after he's neutered, so it's important to have him neutered as soon as possible.

Have your female dog spayed. If your intact female dog escapes your yard while she's in heat, she'll probably get pregnant. Please do not contribute to the pet overpopulation problem by allowing your female dog to breed indiscriminately.